

**VIRGINIA BOARD OF COUNSELING
REGULATORY COMMITTEE MEETING
Thursday, November 3, 2016**

The Regulatory Committee of the Virginia Board of Counseling ("Board") convened at 1:11 p.m. on Thursday, November 3, 2016 at the Department of Health Professions, 9960 Mayland Drive, Richmond, Virginia. Dr. Charles Gressard called the meeting to order.

COMMITTEE CHAIRPERSON: Charles Gressard, Ph.D., LPC, LMFT, LSATP, Chairperson

**COMMITTEE MEMBERS
PRESENT:** Johnston Brendel, Ed.D., LPC, LMFT
Kevin Doyle, Ed.D., LPC, LSATP
Danielle Hunt, LPC

**COMMITTEE MEMBERS
ABSENT:** Cinda Caiella, LMFT
Vivian Sanchez-Jones, Citizen Member

STAFF PRESENT: Tracey Arrington-Edmonds, Licensing Specialist
Jaime Hoyle, Esq., Executive Director
Charlotte Lenart, Licensing Manager
Elaine Yeatts, Senior Policy Analyst

ORDERING OF THE AGENDA:

A motion was made to approve the agenda as presented; it was seconded and passed unanimously.

APPROVAL OF MINUTES:

A motion was made to approve the minutes of the August 19, 2016 meeting; it was seconded and passed unanimously.

PUBLIC COMMENT:

Dr. Gressard welcomed the Board members, staff, and public. The public in attendance were Jennie Carter, April Hess, and Cathy Smith from Southwest Virginia Community College (SWCC), and they commented the curriculum offered for the Certification of Substance Abuse Counselors (CSAC) and Certification of Substance Abuse Counseling Assistants (CSAC-A).

On behalf of SWCC, the attendees requested that the Board of Counseling consider the SWCC academic program (Substance Abuse Rehabilitation Counselor) when revising the current regulations. They provided information to support the need for an educational program primarily as a public safety concern.

DISCUSSION:

I. Old Business:

- **Continue to Review and Discuss Changes to CSAC and CSAC-A Regulations:** The Committee members and staff reviewed and discussed the CSAC-A changes recommended by the Subcommittee.

The majority of the changes were to mirror the CSAC sections of the regulations with lessor requirements. The committee will review the standards of practice at the next meeting.

II. **New Business:**

- **Supervisor Summit:** The summit was well-attended, and staff has received positive feedback. The date to hold another supervisor summit can be discussed at a later date. In the interim, a couple of questions raised by attendees include:
 - What constitutes a direct supervision hour? The consensus of the committee members was for the purpose of direct supervision 60 minutes equals one hour.
 - How do licensees handle DMAS compliance issues? The committee noted that these types of questions unfortunately came up often during the Summit. However, the Board does not comment on DMAS regulations.
- **CSAC Curriculum Discussion:** Dr. Doyle suggested to the representatives from SWCC a revision to the name of their Substance Abuse Rehabilitation Counselor program to omit the word "Rehabilitation" because the Board of Counseling has a Certification of Rehabilitation Providers (CRP) credential that may cause confusion. The Committee Members reviewed the curriculum information submitted by SWCC and generally agreed with the educational courses required to obtain the certification, but the Board of Counseling cannot confirm that applicants that complete the program would automatically meet the Board of Counseling requirements, as outlined in the regulations.
- **Clarification regarding clinical experience for supervisors:** Staff sought the committee's assistance to determine whether a licensee teaching in a graduate or higher degree academic counseling program setting (including providing supervision to students during the internship/practicum) meets the supervisory qualifications for clinical experience. Dr. Doyle made a motion to approve post-licensure professional teaching in a professional academic counseling program setting as clinical experience. Dr. Brendel seconded the motion, and it passed unanimously.
- **Guidance Document Review:**
 - Guidance Document 115-1.3 Guidance on Meeting Degree Program Requirements for Professional Counseling Licensure: A review was completed and the suggestion made to retire the document due to it is no longer being viable. The effective revised regulations dated August 24, 2016 addressed and revised the educational requirements. A motion was made to retire the document. The motion was seconded, and passed unanimously.
 - Guidance Document 115-1.7 Guidance for Applicants from Programs that do not Meet Degree Program Requirements of 18VAC115-20-49: A review was completed and the suggestion made to remove the document due to it is no longer being viable. The effective revised regulations dated August 24, 2016 addressed and revised the educational/program requirements. A motion was made to remove the document. The motion was seconded and passed unanimously.
 - Guidance Document 115-6 Coursework Requirement Necessary to Begin Supervision for Licensed Professional Counselor: A review was completed and the suggestion was made not to change or remove the document, as it is still viable. The Committee Members concluded that there is no need

to create a similar guidance document at this time for the Marriage and Family Therapy or Substance Abuse Treatment Practitioners licenses.

- Guidance Document 115-4.3 Direct Client Contact Hours in an Internship that can be Applied Towards the Residency: A review was completed and the suggestion was made to specify a *maximum* number of face-to-face hours in excess of 240 hours required in an internship that can be counted towards the 2,000 direct client contact hours required for the residency to be up to 120 hours. A motion was made to revise the document to include the maximum number of hours that could be accepted toward the face-to-face residency hour as up to 120 hours in excess of the required 240 hours. The motion was seconded, and passed unanimously.
- Bylaws Review: Ms. Hoyle brought to the attention of the Committee the need to revise and update the Bylaws. She discussed some possible changes that are consistent with other Boards under the Department of Health Professions. Ms. Hoyle will draft the bylaws and send it to the Committee for review in advance of the next Regulatory Committee meeting.
- NEXT MEETING: Scheduled for January 26, 2017 at 1:00 p.m.

ADJOURNMENT:

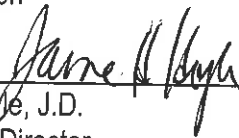
The meeting was adjourned at 5:10 p.m.



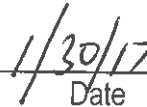
Charles Gressard, Ph.D., LPC, LMFT, LSATP
Chairperson



Date



Jaime Hoyle, J.D.
Executive Director



Date